

Expert Mentor Program


Supporting leaders to maximise their ability to guide and develop others through mentoring



 **Ideal for** Current and aspiring mentors

 **Gender** All genders

 **Duration** 1 day

 **Delivery** Online

About the program

Being a mentor can be one of the most rewarding experiences for leaders at all levels, and can benefit the mentee as much as the mentor. The Expert Mentor Program has been designed to assist current and aspiring mentors to maximise their approach, in order to provide meaningful professional and personal growth to their mentees. Many leaders attribute the role of mentors in their success.

Research shows that mentoring:

- Increases employee engagement and satisfaction
- Enhances professional development
- Aids leadership success
- Reduces attrition

Participant profile

This program is suitable for leaders at all levels, of any gender, and across all industries.



Learning Outcomes

In this program participants will:

Guide and support the next generation of leaders.

Challenge the way you see the world and gain new perspectives.

Enhance your interpersonal skills.

Enhance your self-esteem through recognition of professional abilities.

Gain a sense of satisfaction in assisting others to develop professionally.

Engage in reflective practice around your own skills and knowledge.

Build your leadership capacity.



Program experience

Guided by experts with practical mentoring experience, participants will explore the mindsets and approaches needed to create meaningful outcomes for their mentees.

You will participate in a dynamic, peer learning experience which is highly collaborative and responsive. The program is delivered online over one full day. You will also be provided with a digital workbook to support your learning.

Program Modules

During the program participants will explore:

Initial conditions and landscape scan

Session structure

The Learning Cycle and style awareness

The art of listening


The impact of using the Appreciative Inquiry approach

The architecture of powerful questions

Understanding what mentoring is (and isn't)

Enquiries & enrolments

Contact us for a tailored proposal that meets your organisation's needs.

 info@womenandleadership.co.nz



Being a mentor can be one of the most rewarding experiences for leaders. As a mentor, you will support others by providing a safe, confidential space for them to explore new ideas, and an unbiased sounding board to test their assumptions. And in turn, you'll benefit from personal reflection, enhanced communication skills, and a sense of satisfaction in assisting others.

Karen Taylor
CEO Women & Leadership New Zealand

