

2026 Semester 1 Public Program Schedule

The starting dates for each program cohort is listed below. Places are limited per cohort. Early-bird enrolment closes one-month prior to program commencement.

Program	February	March	April	May	June
Impact Program	Cohort 1 - 18 Feb		Cohort 2- 28 Apr		Cohort 3 - 25 Jun
Leading Edge	Cohort 1 - 4 Feb		Cohort 2 - 30 Apr		
Executive Ready		Cohort 1 – 5 Mar		Cohort 2 – 20 May	
Advanced Leadership Program	Cohort 1 – 10 Feb		Cohort 2 – 29 Apr		
Vital Leadership Series*	Weekly from 3 Feb	Weekly from 3 Mar			
Expert Mentor Program			Cohort 1 – 1 Apr		
Leadership Recharge				Cohort 1 – 6 May	

*Early-bird discount not applicable. Enrol in 3-7 masterclasses to save 10%, or the full series to save \$530.

Dates subject to change. Correct as at 19 Jan 2026

Advanced Leadership Program

Unlock the full potential of senior leaders to lead effectively in complex environments.

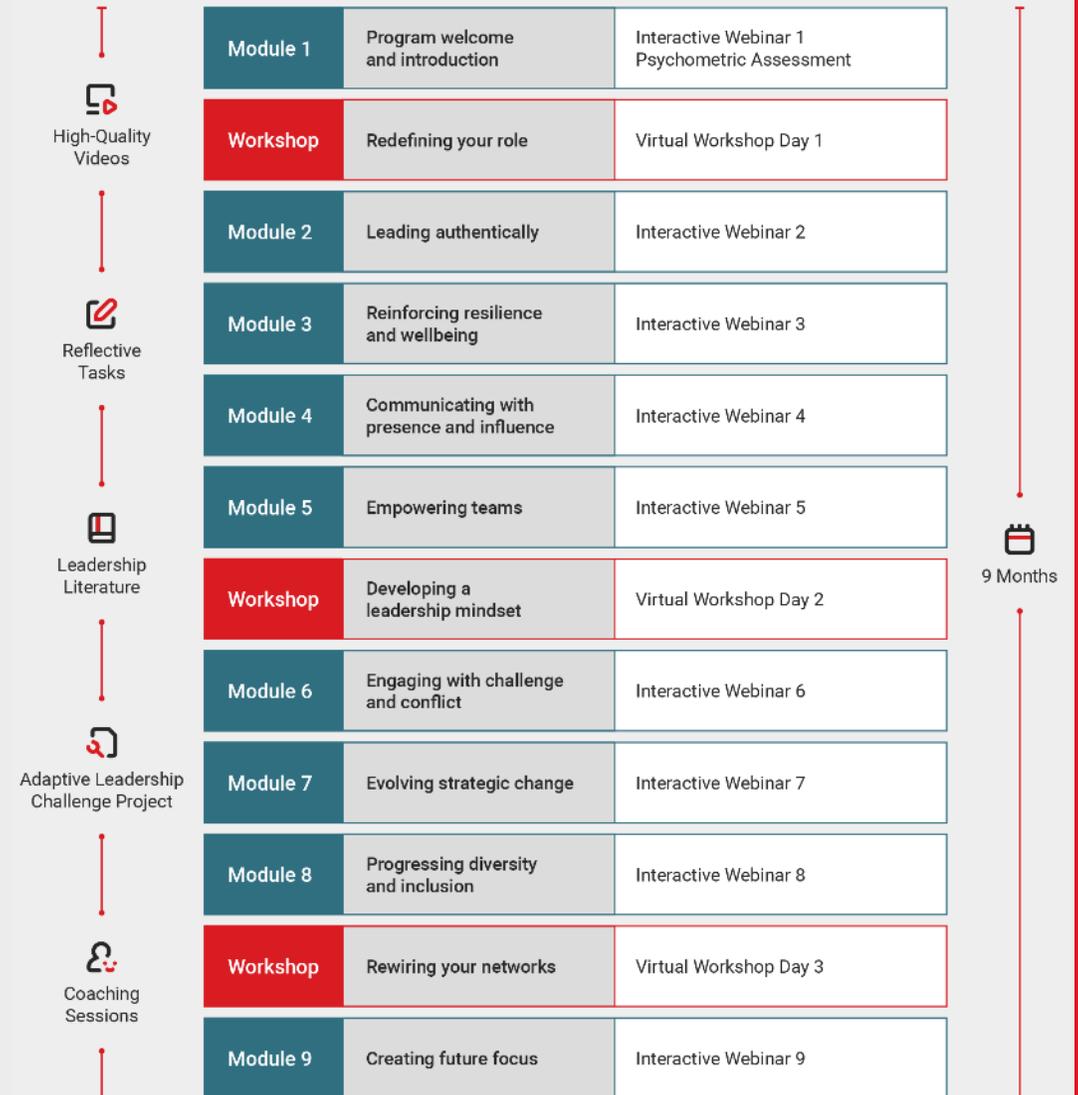
- **Suited To:** Senior and executive women leaders
- **Duration:** 9 months
- **Time commitment:** 1.5 hours per week
- **Delivery:** Online self-paced, with virtual webinars and workshops + psychometric assessment + 4 executive coaching sessions
- **Credit Pathways:** Master of Business Administration & Graduate Certificate in Business Administration (Deakin University)

Early bird discount: Save \$500 when you enrol early (ends one month prior to commencement).

Upcoming cohort start dates:

1. 10 February 2026
2. 29 April 2026

Program Map



Executive Ready

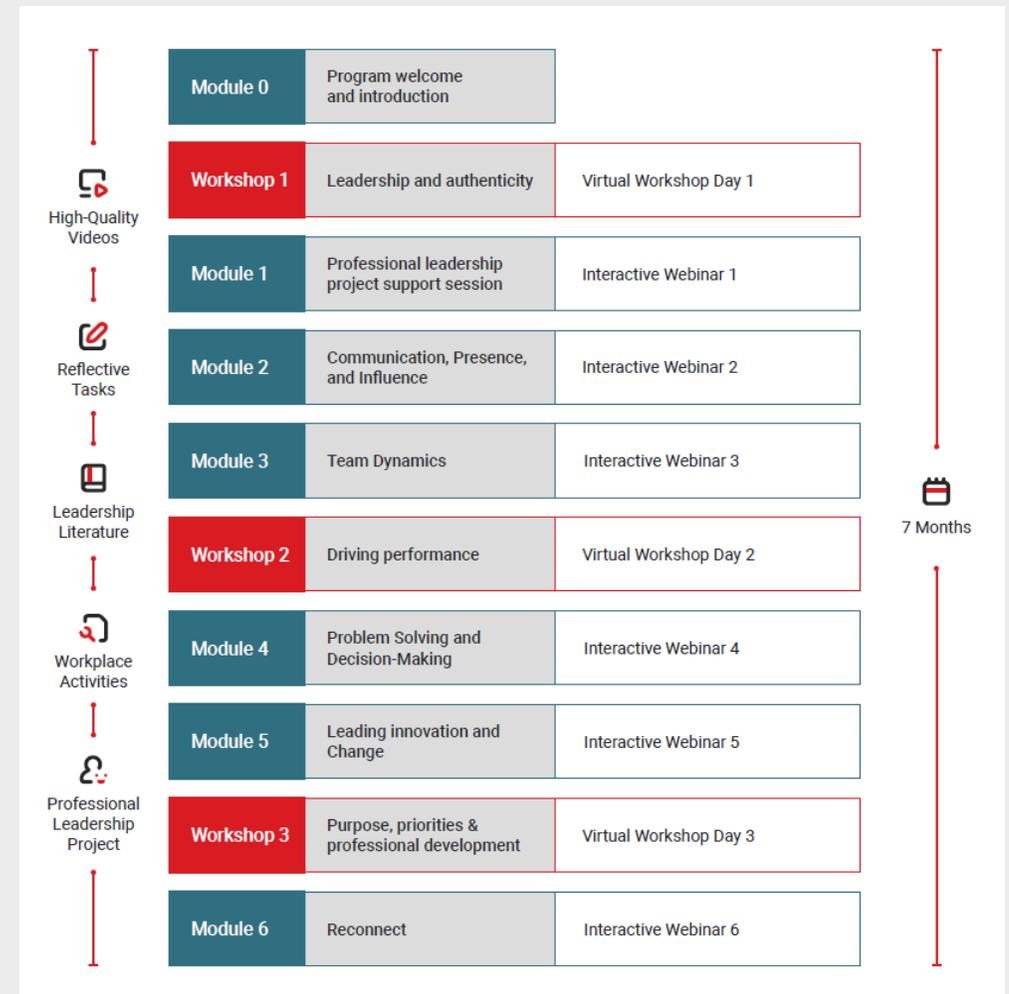
Designed to accelerate existing leaders' growth towards executive-level performance, behaviours, and mindset.

- **Suited To:** Mid-level & experienced women leaders
- **Duration:** 7 months
- **Time commitment:** 1.5 - 2 hours per week
- **Delivery:** Online self-paced, with virtual webinars and workshops
- **Credit Pathways:** Master of Business Administration & Graduate Certificate in Business Administration (Deakin University)

Upcoming cohort start date:

1. 5 March 2026
2. 20 May 2026

Program Map



Program Guide:
womenandleadership.co.nz/executiveready/

Leading Edge

Equips participants with the knowledge and behavioural insight to transition into a confident and capable leader.

- **Suited To:** Aspiring and emerging women leaders
- **Duration:** 4 months
- **Time commitment:** 2 hours per week
- **Delivery:** Online self-paced, with virtual webinars and workshops

Upcoming cohort starting dates:

1. 4 Feb 2026
2. 30 Apr 2026

Program Map



Program Guide:
womenandleadership.co.nz/leadingedge

Impact Program

Builds participants interpersonal and communication skills to improve their impact and confidence at work.

- **Suited to:** Women early in their career – can be outside formal leadership roles
- **Duration:** 10 weeks
- **Time commitment:** 1-2 hours per week
- **Delivery:** Online self-paced, with virtual synchronous webinars

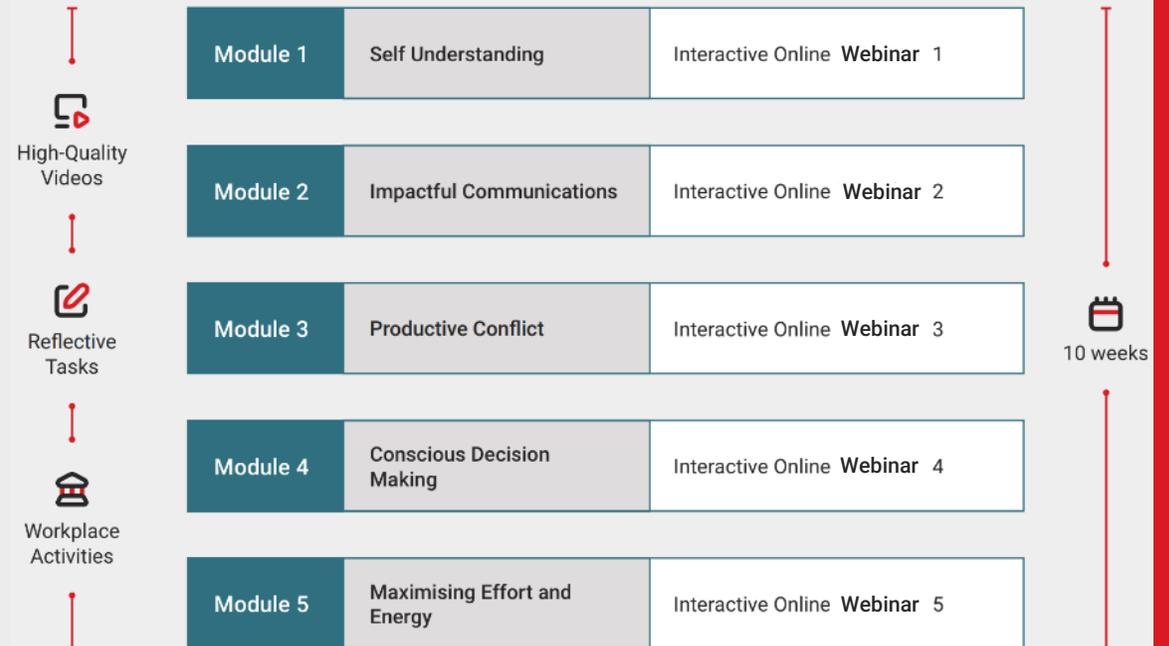
Upcoming cohort starting dates:

1. 18 February 2026
2. 28 April 2026
3. 25 June 2026



Program Guide:
womenandleadership.co.nz/impact

Program Map



Vital Leadership Masterclasses

Sharpen your leadership edge with 8 interactive masterclasses. Choose one or complete the series

- **Suited to:** Leaders of any gender at any stage of their career
- **Duration:** 90 minutes per masterclass
- **Delivery:** Online masterclasses

Masterclass Topic	Date
Managing Stress: Protecting against burnout	3 Feb 2026
Decision Making: Leading in Uncertainty	10 Feb 2026
Team Dynamics: Leading with Empathy	17 Feb 2026
Resilience: Reclaiming Your Leadership Mojo	24 Feb 2026
Leading Change: Supporting Teams Through Transition	3 Mar 2026
Constructive Conflict: Tools for Powerful Conversations	10 Mar 2026
Confident Negotiations: Prepare to Succeed	17 Mar 2026
AI for Leaders: Lead Smarter, Innovate Faster	24 Mar 2026

All masterclasses run from 13:00 – 14:30 (NZDT)



Masterclass Guide:
womenandleadership.co.nz/vitalleadershipseries/

Expert Mentor Program

Supporting leaders to maximise their ability to guide and develop others through mentoring.

Develop best-practice mentoring skills to support emerging leaders in your workplace and beyond.

Suited to	Leaders of any gender
Duration	1 day
Next Cohort	1 April 2026 12:00 – 19:00 (NZDT)
Delivery	Online

Program Modules

The program is delivered online by practicing mentors over one full day covering:

Understanding what mentoring is (and isn't)

The impact of using the Appreciative Inquiry approach

The art of listening

The architecture of powerful questions

The Learning Cycle and style awareness

Initial conditions and landscape scan

Session structure



[Website: Expert Mentor Program](#)

Leadership Recharge Program

A short course designed to help participants recharge their leadership capacity with new leadership and wellbeing strategies.

Supporting leaders to revive their energy by tackling decision fatigue, strengthening surge capacity, and applying crisis-leadership insights.

Suited to	Women Leaders (public) Mixed Gender (in-house)
Duration	2 half-days
Delivery	Online or Face-to-Face
Cohort Type	Public or In-house

Program Themes

The program includes two half-day sessions, an expert masterclass and an application workshop.

Leading in times of disruption and complexity

Understanding and managing complex decision fatigue

Insights from crisis and trauma leadership principles

Understanding and leveraging your surge capacity

Wellbeing for leaders: resilience, wellbeing continuum

Building adaptive capacity



[Website: Leadership Recharge](#)